# Organize Your Space with a Feng Shui Template

Marla Stone
Professional Organizer, Feng
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# Feng Shui Bagua Intention, Color &

#### Change The BAGUA

#### POWER • WEALTH ABUNDANCE

Generate Cash Flow Raise Money Increase Prosperity

> Fire Red • Purple

#### FAME • FUTURE REPUTATION

Increase Recognition Establish Reputation Become Well Known

> Fire Red • Orange

#### LOVE • MARRIAGE RELATIONSHIPS

Attract Love Enhance Relationship Improve Self-Esteem

> Fire Red • Pink

#### FAMILY • HEALTH COMMUNITY

Cultivate Social Life Strengthen Family Ties Improve Health

> Wood Green

#### WELL-BEING BALANCE

Achieve Balance Recover From Illness Increase Athletic Abilities

> Earth Yellow • Brown

#### CREATIVITY CHILDREN • LEGACY

Unblock Creativity Start New Project Connect with Children

Metal White • Gray • Metallic

#### KNOWLEDGE WISDOM • HARMONY

Attend School or Study Encourage Self-Growth Cultivate Peaceful Life

> Water Blue • Black

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#### SELF • CAREER WORK

Change Jobs Switch Career Fields Meet New Work Goals

> Water Blue • Black

COMPASSION • TRAVEL HELPFUL PEOPLE

Attract Clients or Mentors Travel or Relocate Strengthen Spirituality

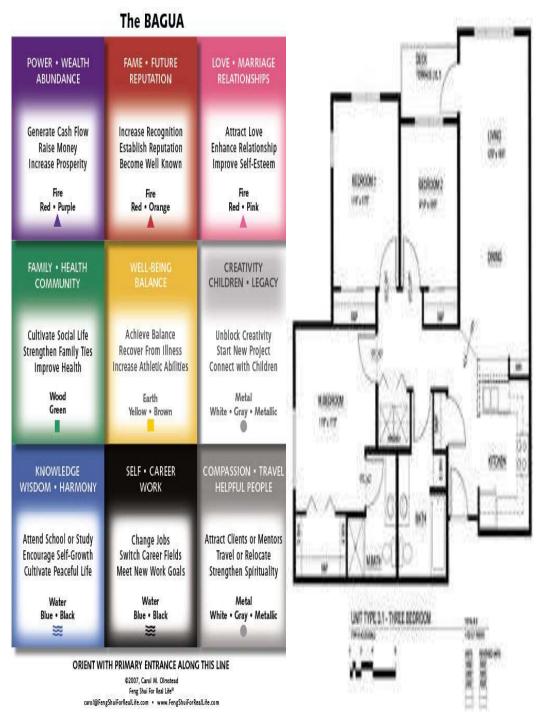
Metal White • Gray • Metallic

#### ORIENT WITH PRIMARY ENTRANCE ALONG THIS LINE

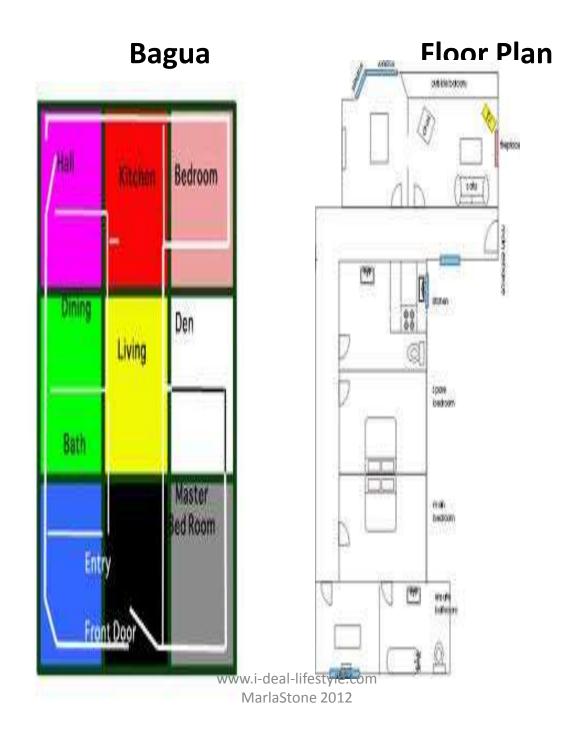
# **Ancient Bagua Shape**



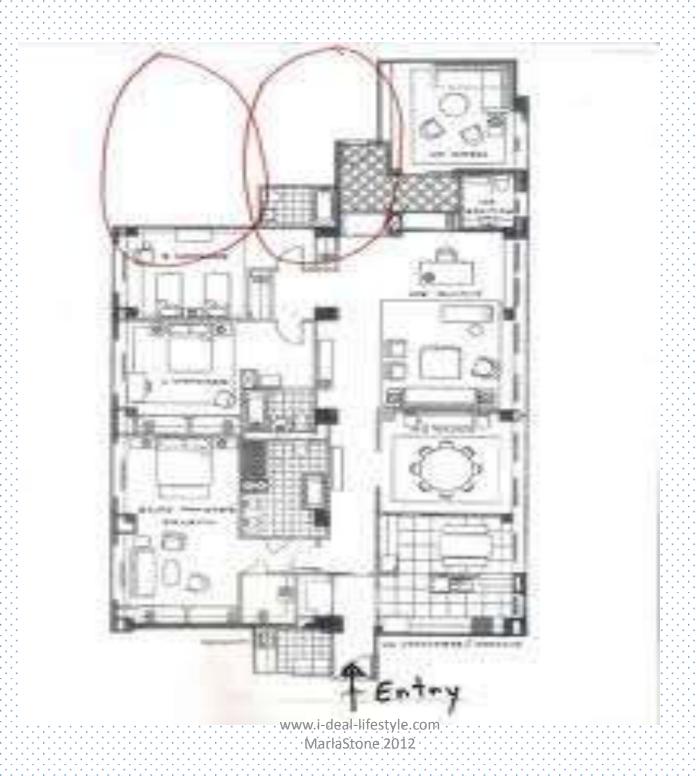
# Bagua and Floor Plan



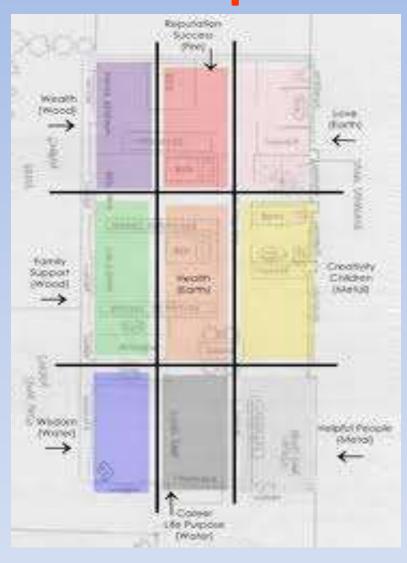
# Bagua Faux Pas



# Missing Floor Plan



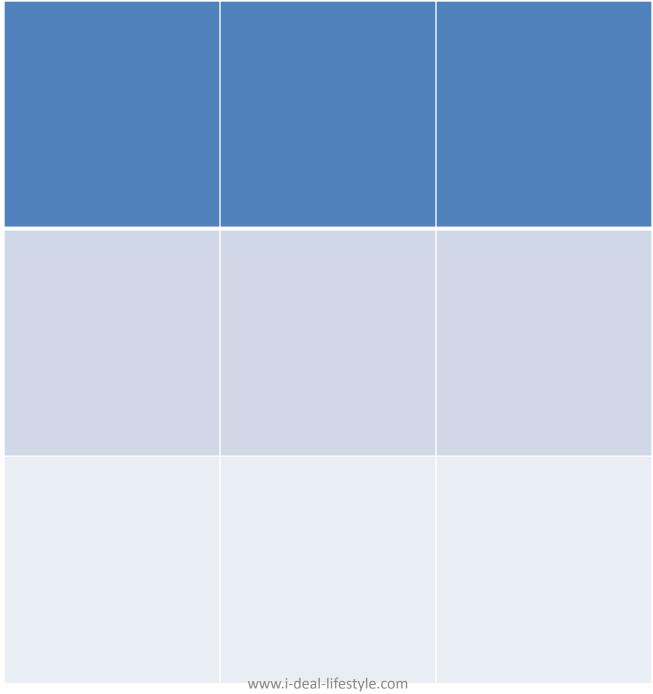
# Example of the Feng Shui Template



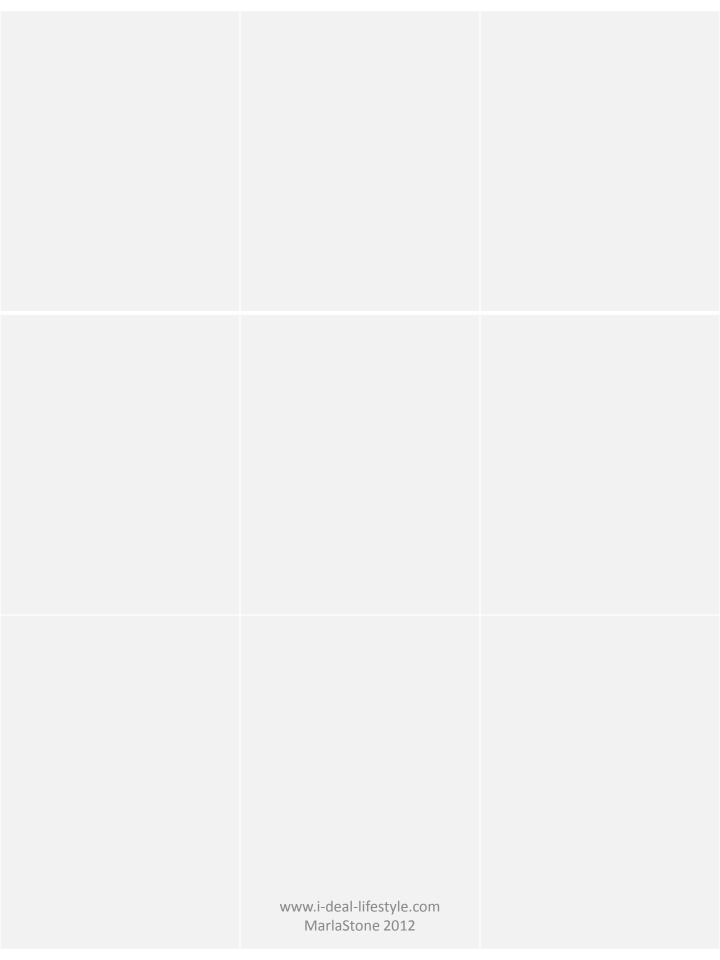
# Okay let's get started

Please draw a floor plan of a floor in your home. Or if you want to Feng Shui one room you can do that as well. You can also Feng Shui your desk or a bookcase. Use the blank piece of paper in your booklet and do the best you can. If you are doing a whole floor or a room make sure that you indicate where the door is to the room or rooms in the space. Use the Blank Bagua provided.

# Draw a Rectangle with Nine Boxes



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#### Items to be Placed in Wealth Area

- Goldfish or koi
- Fish
- Water and/or water features
- Plants
- Coins and money
- Sailing ship
- Wood and wood element
- Moving objects like wind chimes, banners, flags
- Frogs
- Planes
- Sky
- Kites
- Flowers
- Valuable possessions
- Bamboo
- Your most precious valuable objects
- Purples, Reds and Blue Colors
- Money tree or plants with rounded leaves,
   African Violets, Begonia, Kalanchoe and Mums
- Pictures that symbolize wealth

# Items to be Placed in Fame & Recognition

- Fire and fire element
- Pleasant Lighting
- Sun
- Stars
- Phoenix
- Birds
- Animals and things made from animals like leather, hide, bones, etc.
- Candles
- Incense
- Wood and wood element
- Symbols of accomplishments Diplomas, Awards, Prizes, Acknowledgments
- Spikey Plants
- Bright Colors, Gold, Red and Shiny Objects
- Pictures of you being recognized

# Love & Relationships

- Pairs of things i.e. two birds, pictures of couples
- Affirmations of love
- Red, Pink and White Colors and Objects
- Images depicting romance and love, photos of you and your partner, happy couples
- A place for your wedding rings or objects from your loved ones
- Mirrors
- Candles
- Fresh flowers (especially peonles). They are so Round!
- Sensual sounds
- Symbols and mementos from romantic experiences
- Crystals and precious stones
- Hardwoods
- Containers
- Objects that symbolize warm and fuzzy to you in relation to increasing your love line
- Earth element
- Soft nurturing items like cushions, pillows and padded furniture
- Mandarin ducks or Swans
- Hearts and Doves

## **Children & Creativity**

- Images of children playing
- Games
- Art/objects that are creative, whimsical, playful, colorful and inspire you
- Music, art
- Art/craft supplies; hobbies and crafts
- Toys
- Bells
- Items children have made
- Rocks and stones
- Rainbows
- Tigers
- Open containers
- Pictures of your children or children you love
- Your art work
- Circular, oval or arched shapes
- Metal objects, brass, gold, silver, pewter
- Whites and Pastel Colors

### Helpful People & Travel

- Bells or other sound-makers to call in helpful people
- Water
- Mirrors
- Hands
- Art/objects that depicts religious/spiritual figures you love, helpful people, spiritual guides, and mentors
- Angels
- Images of places you want to travel or favorite places
- Filing cabinets (brings order so that you can make decisions)
- Tools for sorting, cutting and refining
- Circular shapes
- Inspirational books
- Address book,
- Images of heaven
- Planets and stars
- Map of the world
- Images of foreign countries
- Pictures of ancestors that you believe watch over you
- Religious symbols or people that you believe help you
- Travel books of places you want to visit

# Career & Productivity

- Water features, Aquariums, Waterfalls, Fountains or images or symbols of water
- Pictures of streams, oceans, lakes, waterfalls or ponds
- Black, navy blue, maroon, brown, gray objects
- Mirrors, crystals and glass
- Hanging items like plants
- Metal
- Affirmations and quotes relating to career
- Images and symbols of career or life path you want to be on

# Skills & Knowledge

- Mountains
- Wise people, mentors, people you admire
- Large heavy objects
- Black, Blue and Green objects/pictures
- Books, tapes, other material in areas where you want to increase knowledge
- Boxes and containers
- Meditation or spiritual books items
- College Text books or books pertaining to the further development of your career
- Self Help Books, tapes and materials for increasing knowledge and skills
- A collage of self-exploration
- Tools or items that you are learning to use i.e. tennis racket, knitting needles
- Symbols of earth
- Pottery
- Spiritual images

# Family & Ancestors

- Wood and wood elements
- Growing things like plants and flowers
- Floral prints and stripes
- Pillars, columns, tall rectangular and vertical objects
- Images of nature, happy people, healthy people, supportive people, family/friends and ideal health
- Family photos
- Musical instruments
- Telephone area for talking
- Family heirlooms or gifts
- Antiques

## Health

- Items made from earth and ceramics
- Green, yellow and orange objects that are round
- Anything representing the earth element, stones, rocks, and, trees, flowers, dirt, and clay.
- Containers to plant beautiful trees, plants and flowers
- Open space to allow energy to stir, flow and ebb
- Things that remind you to stay centered
- Fresh fruit, nuts, seeds, fresh flowers, and bulbs
- Globe, suns, paintings of earthly sights

## It is all in the desire to have the winds of change flow through your space and your life

Identify all objects in the space that are dead energy and or suck energy from you. Items that are dead or suck or drag you down are listed below:

**Dried Flowers, Fake Plants and Flowers** 

Ashes in an urn or box

Obsolete objects that serve no purpose i.e.

**Old paperwork** 

Soiled books

**Trash** 

Old food

**Broken items** 

**Broken toys** 

Unattractive or dated décor

Things that bring on bad memories or make you sad or unhappy

Items that have negative energy attached to them Old, tattered or outdated clothing clothing/accessories and that don't fit.

Objects or items that have an unpleasant odor Pictures or images that portray addiction, depression or death.

identifying what you want to improve

- Take an inventory of your strengths and weaknesses in conjunction with the bagua.
- Do you need to work on health or want more romance or to increase finances?
- Are you having positive family, friend and co-worker relationships? Do you want a partner?
- Could you use more recognition or want fame?
- Do you want to go back to school or a new career?
- Would you like to have children or get more creative and write a book?

## It is all in the intention

- Once you have purged all the items that are not going to bring a new energy and good chi into your space, now you are ready to place items into your bagua areas. You will take each chosen object you kept from your purge and identify which area of your home it would best bring you the ideal outcome you are intending.
- When you place the object in your bagua intend it for the purpose that you have in mind for it. For instance I would place two swan tchotchkes in my romance area. I would put some coins or money and my finest crystal dish in my prosperity area. I would put my Feng Shui books in my skills and knowledge area.
- I would put money in my prosperity area.
- I put fresh fruit in or near my health area
- I have a candle of George Washington and Abraham Lincoln in my Helping People area and an Angel Vase.

# How to Place Furniture



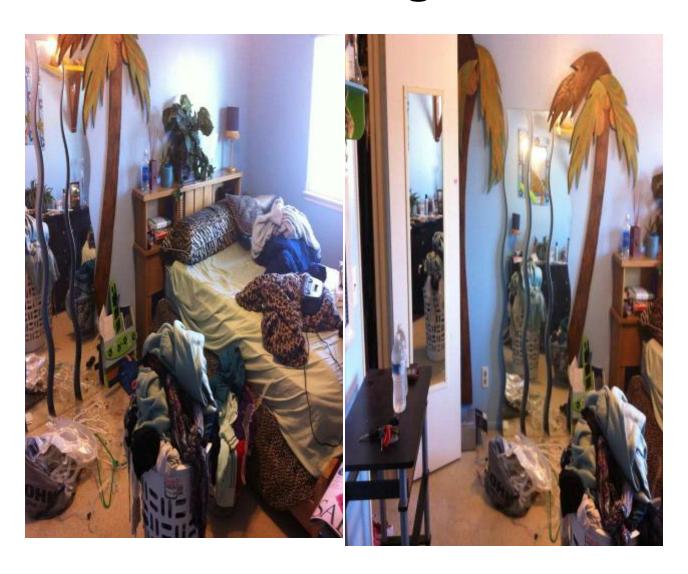
# Examples of Space Challenges





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# Example of Space Challenge



# Balance, Maturity and Stability





## Rules of Furniture

## **Placement**

- You must be able to see the Door from where you sit or lay.
- Put your desk in a power position facing all doors.
- Your bed should not be aligned with the doorway.
- No backs to the door.
- Leave open space. NO clumping furniture.
- Furniture must fit room properly scale wise.
- Pictures, crosses or collectibles grouped are nice, but not too many.
- Centered Bed means centered life. Bed not in front of doorway.
- Two end tables on each side of bed, means you will have a partner.
- Two lamps on each end table means partner in life.
- Rug must go under all furniture in living room.

#### The Importance of Patterns in Feng Shui www.i-deal-lifestyle.com

Understanding how there are patterns in designs, nature, furniture, homes and there is a flow and ebb to different shapes is important as a Feng Shui specialist. It very well may have an impact into how we see ourselves and our clients in their homes and lives, in order to help define how we harmonize with our surroundings.

It is interesting to see how shapes started, and what they symbolize, and how they can be interconnected and create energy or calm. Shapes like circles, squares, triangles and their history is fascinating. It has a transforming affect on people when they are exposed to different symbols. You can spot patterns and shapes in everything in the world and nature. You can start to really take notice of objects in your surroundings, and in turn each object can mean more then just the picture, texture or color. The shape of the object can stimulate you, and help you become aware of the power of a shape.

It is amazing that all patterns are found in nature and even our own bodies, and that we should look deeper and with more passion noticing trends, the many uses, the beauty and the function of geometry shapes and their necessity in our lives.

Even a cat's face has a shape, which I never really understood before, but was always drawn towards. They always look so mysterious, and interestingly enough their face is shaped like a pentagon.

It is also very interesting that numbers relate to shapes, music, art and just about everything in the universe has an associated shape and number and vibratory rate, which connects everything in the universe together.

## What People Want To Organize

bedrooms, clothes, knick knacks, supplies, bathrooms, kitchen, living area, garden, baby's room, sheds, storage, garage, limited space, kids, people with disabilities, small children, car, drawers, pantries, cabinets, visitors, parents, themselves, de-cluttering, staying organized, varied interests and tools or equipment so they can enjoy their interests, how to combine two people's stuff in one place, behavioral techniques to stay organized, interior design ideas, cute and efficient ways to set up a desk, how to deal with mail, financial management, filing, business, paperwork, bills, having too much stuff, no storage, creative storage, mind clutter, and what to keep, throw away or donate.

## Consequences of Disorganization

confusion, stress, loss of time, loss of items, feeling overwhelmed, chaos, cleaning becoming overwhelming when things pile up, losing things, taking too much time to find things, missing items, can't find anything, waste of money, buying storage helpers but not using them, buying organization tools and not using them, buying too much stuff on-line, on sale, buying the same things over and over since they don't remember they have them, forgetfulness, crazed feelings, tired, fatigue, disappointment, misplaced documents, not getting things done on time, missing appointments, missing celebrations, bills not getting paid on time, mortgage or rent not getting paid on time, poor credit, depression, anxiety, funk, worry and emharrassment and most important poor health.

## Notes

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- Clean Windows. Like your eyes are the windows of soul Windows are the eyes of your home. When you have dirty windows it is a symbol that your vision is blinded and cloudy. Clean windows help you see all your potential and opportunities clearly.
- Replace Burned Out Light Bulbs or broken lamps, lights. You cannot see your future prospects if your lamps and lights and bulbs are burnt out. It is also bad for your eyesight. It also means you're burnt out. Get your lighting straight and see your bright and favorable life ahead of you.
- **Tighten Knobs, Door Handles, Bathroom Faucets.** When you have loose handles you lose your grip. Everything just slips away and you can't hold onto money, friends, family or anything your working on wrapping your arms around or your brain for that matter.
- Make Sure You Have Healthy and Live plants, not dead ones. Dead plants are dead energy. Always have lively and happy plants that are well watered and fed. Fame, recognition, expansion, financial prosperity and health depend on healthy living things in your home and office.
- **Keep Toilet Lids Down and drains covered.** Keep a lid on it in order to protect your chi (energy) from going down the drain. You don't want to flush away or drain your wealth, knowledge, health or other valuables down the toilet. Keep a lid on all toilets, and close the drains while not using, and close the door to all bathrooms when you leave.

- **NOTHING UNDER THE BED.** Storing items of any kind under your bed will not make for a restful and peaceful slumber. You will be rest-less. All that stuff, stuffed under the bed is hindering your dream state and your waking life. It symbolizes underlying issues which you cannot sort through.
- Clean Mirrors. When your mirrors are dirty you cannot see yourself clearly. If it impossible for any one else to see you clearly, or "get you", if you cannot see yourself clearly. Plus like my mother always said, when she would see someone who looked disheveled, walking down the street, "Did they look in the mirror this morning?" When your mirrors are sprayed with toothpaste, water spots, and dirt you cannot attract what you desire in life. You will miss out on clear opportunities, people and self understanding.
- Clean Front Door. This is the first thing people see when they come to your home and it represents the beginning with you. Energy comes in and out of our doors and windows. Your front door area, when clean, brings positive energy, and when dirty and unattractive it repels abundance. Put or plant some purple flowers near front door and bring abundance.
- **NOTHING BEHIND DOORS.** Having items and mirrors or pictures or anything behind a door means you have a hidden agenda. It also blocks free passage for new opportunities and freedoms.

- Fix Drippy and Leaky faucets or pipes. Don't let your wealth, relationships, health knowledge, reputation leak and drip away from you. This is also a symbol of bigger and worse outcomes for you in all your prospects. Fix your leaks, faucets and pipes and keep in good order and you won't feel so drained all the time.
- Get rid of dried up and or broken pens, markers. Sharpen all you pencils and dot your i's.
- Clean out your closet of all unused, torn, worn clothing that doesn't fit you or washes you out. Replace all old items with new clothing that make you look more attractive and are the correct colors for your hair and skin tone.
- Get rid of fake plants unless you absolutely have no sun in a room, and want the affect of plants. Make sure they look totally real and keep them fresh and dusted. Fake plants represent a fake part of yourself, and dried flowers mean that an aspect of your life is dried up. Stay away from all fake plants and flowers if you can. Keep fresh flowers and plants in your space at all times. It brings growth into your life and oxygen into your lungs.
- **Store all pictures** from your phone and cameras onto your computer and keep open for new pictures and opportunities. Learn how to video and put yourself on youtube.com.

- Clean out your files and feel open and clear.
- **Give magazines and books away** that you have read. Believe me you can find a similar article on-line.
- Read as many easy to use Feng Shui books as you can, and start moving your stuff around and see great changes in your life.
- Know the difference between need and want items. You need to have a refrigerator, toilet, bed, good water source, telephone, bed, food, touch etc... but you don't need anything else. Everything else is a want or a don't want.
- Let loose and do the funky chicken dance or purge, your choice, or do both at the same time!!!

A Little Feng Shui Goes A Long Way Thank you for attending! Marla Stone, Organize, Feng Shui, Décor ideallifestyle@cox.net